

Be Well
Walsall



Nudge your patients

towards improved wellbeing

Be Well Walsall is a **free** wellbeing service which can make a real difference to your patients' quality of life.

Our support focuses on creating long-lasting behaviour change and healthier lifestyle choices.



Walsall Council

maximus



Starting Well • Living Well • Ageing Well

We provide:

- ✓ Wellbeing guidance
- ✓ Weight management
- ✓ Smoking cessation
- ✓ NHS Health Checks.



Why refer to us?

- ✓ Quick access to our expert team
- ✓ Simple referral process
- ✓ Holistic support for your patients.

Refer your patients today, and we'll take it from there:



or get in touch 



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