

# We have the right to health!

Is health central to our overall wellbeing and about how much we enjoy every aspect of our lives?

Tackling health inequalities requires action to undo the fundamental causes, prevent the harmful wider environmental influences and mitigate the negative impact on individuals.

Health enables us to live fulfilling lives and be active members of society. Inequalities in health are also a key part of social justice – we each have the right to enjoy the highest attainable standard of physical and mental health.

By sharing your experiences and views you can tell us if your health and care services are working when you need them and if there are any barriers that prevent you accessing health care.

## Talk to us – Make your voice count



**07732683494**



**Teodora.Albu@healthwatchwalsall.co.uk**