

Summer Vibes

Newsletter

July 2026



healthwatch
Walsall

Contents Page

About us	2
Message from our Manager	3
Get involved, make a difference	4 to 6
Issues you raised	7 to 9
Information from our partners	10 to 25
Local Food Banks	26
Contact us (Back page)	27



Local Health & Social Care Updates

About Us



Healthwatch is your local health and social care champion dedicated to listening to your concerns and sharing them with system leaders to improve health and care services across Walsall Borough.

In 2025, we are committed to amplifying the voices of Walsall residents and local communities. We invite you to support our ambition and help us raise awareness. Visit our website to share your views on health and social care services in your area.

Link to website: www.healthwatchwalsall.co.uk



A message from the Healthwatch Walsall Manager

Dear Reader

As we welcome the summer months, we are pleased to share our Summer Newsletter. This season brings opportunities to enjoy longer days, spend time outdoors, and focus on wellbeing.

In this issue, you will find helpful advice on staying healthy during warmer weather, updates on local health and care services, and information about the support available to you and your community.

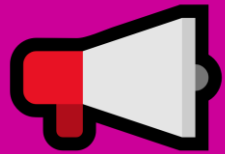
You will also learn about our current work projects, and we are exploring the challenges experienced by neurodivergent individuals when accessing and using healthcare services. If you have experiences you would like to share please contact us.

We will shortly be publishing our Annual Report for 2025/2026, and this will be available on our website from the beginning of July. This report showcases all the work we carried out during the previous year and is worth a read. All our public reports are published on our website: www.healthwatchwalsall.co.uk

As always we continue to engage with communities across the Borough and would welcome the opportunity to meet with you. If you are part of, or run, a local group that would benefit from our attendance, we would be delighted to visit and hear your views. Please get in touch if you would like to arrange a meeting.

As always, thank you for supporting Healthwatch Walsall we appreciate the time you give us.

Aileen Farrer
Healthwatch Walsall Manager

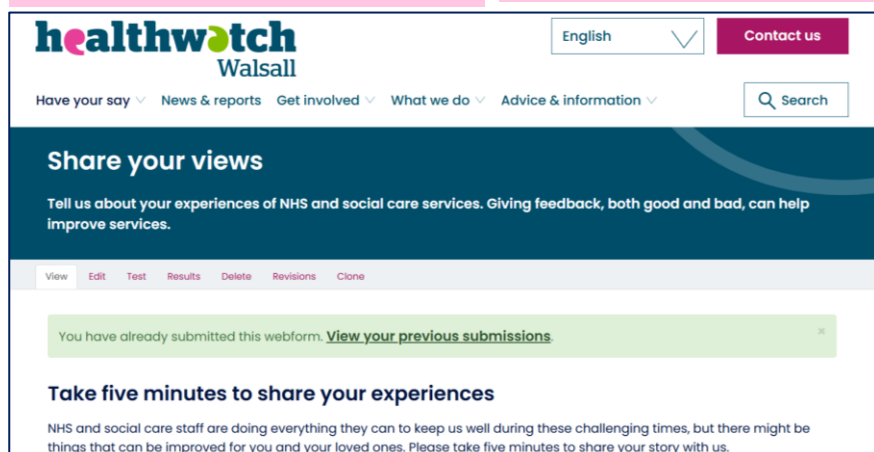
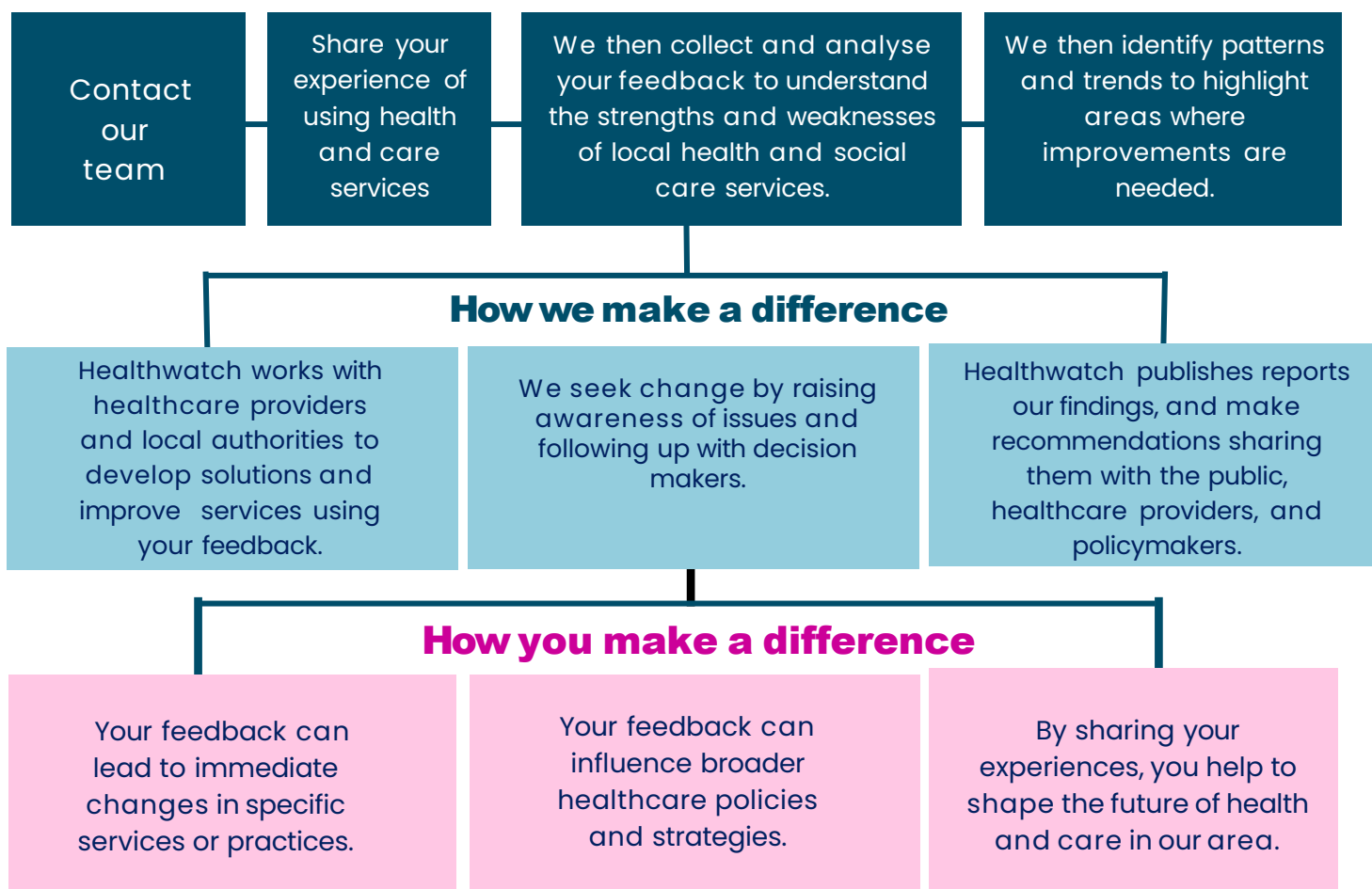


**How you
can get
involved and
make a
difference**

Share your experiences with us!

We want to hear your thoughts on health and care services in our area. Your feedback will help us ensure that NHS leaders and social care decision makers are aware of your needs and can make improvements to care.

How it works?



Available 24/7

Link: <https://tinyurl.com/3778j3ps>

healthwatch
Walsall



Interested in becoming a volunteer?

There are many ways you can make a difference as a volunteer

As part of our ongoing recruitment drive



Volunteers Needed!

We are looking for people who want to make a difference in their community and identify opportunities for health and care services changes or improvements.



Get in touch now

To contact us call 0800 470 1660 for a brief chat about what we have to offer.

WE NEED HELP & CAN OFFER UP TO 12 INTERESTING VOLUNTEERING ROLES!

visit: <https://www.healthwatchwalsall.co.uk/volunteer>

your voice counts

are you a young person looking for work experience?

JOIN OUR YOUTH INITIATIVE

contact us at youthhealthwatch@healthwatchwalsall.co.uk or call/text us on 07732 683449

All are welcome!

Have your say

At Youth Healthwatch Walsall we want to make health and social care better for young people, we can only do this with your help!

TALK TO US! VOLUNTEER GET INVOLVED!

Engaging Communities Solutions

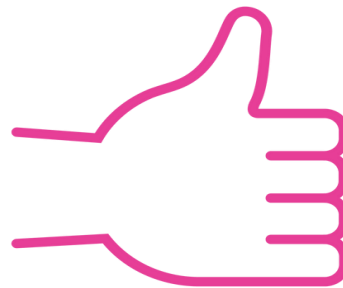
Engaging Communities Solutions



GET INVOLVED

Volunteer with us and help make a difference to Health and Social Care your community receives:

- Young Healthwatch volunteers** ensures that young peoples voices are heard and help to influence change to make Health and Social Care services better for children and young people - No DBS is required.
- Publication and Document Editor volunteers** supports ECS / Healthwatch looking over materials and reports to ensure they are accessible to the public and / or its intended audience. - No DBS is required.
- Digital Communications / Social Media volunteers** support ECS / Healthwatch to manage social media / website by reviewing and creating content - DBS is required.
- Enter and View Authorised Representative volunteers** listens and observes people's experiences of Health and Social Care services, including people living in residential homes to understand what is working well and what can be improved - DBS and references are required.
- Community and Engagement volunteers** collect feedback about people's experiences of Health and Social Care services including engaging people at various locations including hospitals, libraries etc - DBS is required.
- Information and Signposting volunteers** support people to get the information they need about Health and Social Care services and how to access community support - No DBS is required.

There are 12 volunteering roles that you can get involved in!

Healthwatch Advisory Board members (HAB) supports the Healthwatch work programme including Enter and View visits, support the team by attending strategic meetings representing Healthwatch and building relationships with key Health and Social Care, voluntary and community sector stakeholders - DBS is required.

Online Feedback Collector volunteer collects feedback about people's experiences of Health and Social Care services that have been posted online, this contributes to the Intelligence and Information Healthwatch use to inform improving change - No DBS is required.

Virtual Visitor volunteers supports Healthwatch by building a picture of Health and Social Care services by interviewing residents, patients, family members, relatives and staff online. **THIS IS NOT THE SAME AS ENTER & VIEW AUTHORISED REPRESENTATIVE VOLUNTEER ROLE.** No DBS is required.

Administration volunteers supports the back-office functions of Healthwatch by data entry, event planning and answering telephone calls - No DBS is required.

Healthwatch Champion / Ambassador volunteers is being the eyes and ears of what is happening in the community ensuring people are engaged, listened to and provided with an avenue to inform Healthwatch their views and experiences on Health and Social Care services - DBS is required.

Research volunteers works with the ECS / Healthwatch team to plan and deliver research activities through a variety of methods - DBS is required.

You can find full details and of each of these roles on our website along with an application form on www.healthwatchwalsall.co.uk

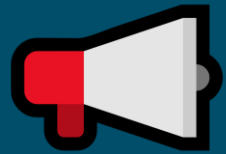
Alternatively you can email our volunteer co-ordinator: Tom.Collins@healthwatchwalsall.co.uk

Get in touch: 0800 470 1660

@HWWalsall

Healthwatch Walsall

Link to volunteer webpage: <https://www.healthwatchwalsall.co.uk/volunteer>



Issues Raised by Our Community

Didn't have to be here!

Patient Transport collected a patient and brought them to Walsall Manor Hospital for what was believed to be a scheduled appointment. The only problem? No appointment had been booked, and the patient didn't need to be there.

Lookout for our report on Walsall Manor Hospital Appointments. Coming soon our website.



Do you have a neurodivergent condition? We ask you to contact us and share how accessing health care works or doesn't work for you?

Have you experience of this?

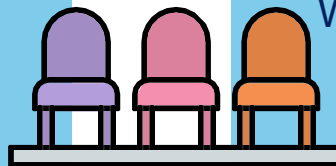
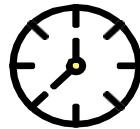
Tell us!
0800 470 1660

healthwatch
Walsall

People not aware of advocacy help.

Whilst it is available it is only available from a couple of organisations.

Pohwer (NHS complaints advocacy <https://www.pohwer.net/>)
And 'Advocacy Matters' <https://advocacymatters.org.uk/>



NHS APP report coming soon.

We are just writing a report on the NHS App. Who does and why people don't use it.

[Have Your Say.](#)
[Visit our website 24/7](#)

Departments at Walsall Manor Hospital need to communicate better with each other

Patient waiting for a knee operation feels that it is being held up because departments at Walsall Manor don't communicate well enough with other.

We are just completing our hospital appointments project so look out for that.



If you have any concerns about any health or social care services, then please get in touch. Or if you wish to leave a compliment then you can share those as well.

Tell us about your care!
<https://tinyurl.com/3778j3ps>



The work we have been doing

Our monthly updates

As well as our public engagement outreach at various Walsall locations we have produced a number of reports which are based on what you told us.

Each month we produce an 'Insight E-Bulletin' that gives a brief overview of what we have been doing and some of the issues that you have raised. This feeds into our services intelligence and can highlight key concerns, issues and themes that you have shared with us.



To read these & other monthly E-Bulletins use the link: <https://tinyurl.com/mr2ukcuc>

Our Enter and View Visits

As well as our public engagement outreach at various Walsall locations. Each month we carry out Enter & View visits to care homes and primary care services. We listen to service users to find out about what does and what does not work for them.

From our visits, we produce our report sharing what service users told us and what we saw on the day of our visit.



Our Enter & View programme covers a range of venues from GP surgeries to pharmacies, care and residential homes and day centres. We aim to have as broad a programme of visits as possible.

Our reports can help identify service users' needs for improvements or to highlight the excellent work that service providers deliver through their hard-working staff. Ultimately this will make a positive service user experience for the people of Walsall.

If you want to share an experience of a service, you can do this in your own time 24/7 by visiting our 'Have Your Say' platform.

Link to do so: <https://tinyurl.com/3778j3ps>

Link to E&V reports: <https://tinyurl.com/82fkxtuf>



Information from our partners

— — REPEAT DAILY & — —
LOCK IT INTO EVERY CELL:

LOVE

I choose love.
I am love.
I radiate love.

OPEN

I am open.
I welcome life.
I trust the flow.

COMPASSION

I lead with compassion.
I care deeply.
I am understanding.

KINDNESS

I am kind.
I uplift others.
I spread goodness.



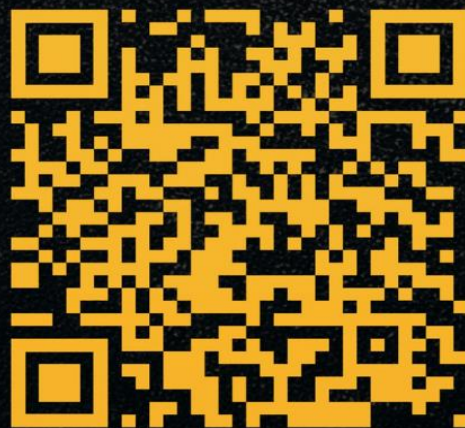
METTAMINDS



WALSALL
MEN'S WELLBEING
ALLIANCE



WALSALL HAS LOTS OF
GROUPS AND ACTIVITIES
FIND THE ONE FOR YOU



WWW.MENSWELLBEINGWALSALL.COM

MWA **STRONGER TOGETHER**





WALSALL
MENS WELLBEING
👑 **ALLIANCE** 👑



COLLABORATE

- With Cross sector organisations working in partnership
- Sharing best practice, building evidence and supporting positive outcomes and wellbeing for men in Walsall

FROM AN ORGANISATION?

↓ **JOIN US** ↓



WWW.MENSWELLBEINGALLIANCE.COM

MWA **STRONGER TOGETHER**  Walsall Council

Walsall SENDIASS

Summer Event- Princesses and Superheros!

We're holding a free, fun-filled summer event specifically for children and young people with Special Educational Needs and Disabilities and we'd love to see you there!

Dressing up is optional and all ages are welcome. There'll be lots to do including:

- competitions,
- face painting,
- sports activities,
- balloon modelling,
- glitter tattoos,
- refreshments, and
- a quiet space to allow you and your child to have space if needed.

Nova Training will also be joining us to provide activities for the event.



Thursday 6 August, 10:30-12:30pm



Manor Farm Community Centre, WS4 1EU



walsallsendiass@family-action.org.uk

family-action.org.uk

Family Action. Registered as a Charity in England & Wales no: 264713.
Registered as a Charity in the Isle of Man no: 1206. Registered Company Limited by Guarantee in England and Wales no: 01068186.



Note: to book a space for this event you must live in Walsall.

Scan the QR code below to book your tickets (via Eventbrite):



If you are viewing on a screen [click here!](#)

SENDIASS hosted by



Walsall SENDIASS

Summer Event- Princesses and Superheros!

We will be holding a summer event for children and young people with Special Educational Needs and Disabilities. The theme will be superhero's and princesses, dressing up is optional, all ages welcome.

Throughout the event there will be competitions, face painting, sports activities, balloon modelling, glitter tattoos, refreshments and a quiet space.

Nova Training will also be joining us to provide activities for the event.



Note: to book a space for this event you must live in Walsall.

Scan the QR code below to book your tickets (via Eventbrite):



If you are viewing on a screen [click here!](#)

 **Thursday 6 August, 10:30-12:30pm**

 **Manor Farm Community Centre, WS4 1EU**

 **walsallsendiass@family-action.org.uk**

family-action.org.uk

Family Action. Registered as a Charity in England & Wales no: 264713.
Registered as a Charity in the Isle of Man no: 1206. Registered Company Limited by Guarantee in England and Wales no: 01068186.

SENDIASS hosted by



Sandwell Deaf Community Association



YOUTH SERVICE SUMMER HOLIDAY CLUB ENROL YOUR CHILD TODAY 21ST JULY – 3RD AUGUST 2026

FREE SPORT, NATURE, FOOD, AND CULTURE ACTIVITIES FOR DEAF, DEAFBLIND, HARD OF HEARING, AND CODA YOUTH.

DEAF BADMINTON –
21ST JULY AT KORE WELLNESS (WEDNESBURY LEISURE CENTRE)
&
3RD AUGUST AT SHIRELAND CBSO

WONDER IN NATURE –
24TH JULY AT SANDWELL VALLEY FARM

DEAF PUNK CHEF –
27TH JULY AT YEW TREE AND TAMEBRIDGE COMMUNITY CENTRE

BLACK COUNTRY LIVING MUSEUM –
28TH JULY AT DUDLEY

TIME: ALL FROM 10AM TO 2PM (SUBJECT TO CHANGES)
AGE: 8 – 17 **YES! FREE!** 

Register Now



INTERESTED IN A PLACE FOR YOUR CHILD AT THE HAF SUMMER SCHEME?

PLACES ARE MAINLY FOR SANDWELL RESIDENTS AND PUPILS ATTENDING SANDWELL-FUNDED SCHOOLS, ALLOCATED ON A FIRST COME, FIRST SERVED BASIS.



WE MAY ALSO CONSIDER CHILDREN LIVING OUTSIDE THE BOROUGH.

<https://app.holidayactivities.com/parent/providers/sandwell-deaf-community-association>

S D
C A
Sandwell Deaf Community Association
New Deaf Centre,
Summer Lane,
West Bromwich, B71 4JA

if you would like more information, please get in with :

Craig Potheary
Wellbeing Coach

Email: craig_potheary@sdca.co.uk
Text / WhatsApp / FaceTime: 07791 921011



Walsall Community Association



FISH FRY

Saturday 11th July 2026

Starts at 4pm



Food on sale:

-  FISH
-  CHICKEN
-  BAMMY
-  FRIED DUMPLING



GOOD FOOD
GOOD PEOPLE
GOOD VIBES!


W - C





Walsall Community Association

 36 Wolverhampton Road, Walsall, WS2 8PR

 Tel: 01922 615179

 Mobile: 07915878533

 walsallcommunityassociation@outlook.com

 accawalsall.com



Walsall Community Association Luncheon Club



Menu for July 2026

Wednesday's 11am-4pm

(Please order by the Monday morning of each week)



Wednesday
1st
July

CLOSED

Wednesday
8th
July

CLOSED

Wednesday
15th
July



- Cow Foot
- Red Bream Fish
- Southern Fried Chicken

Wednesday
22nd
July



- Hake Fish
- Southern Fried Chicken

Wednesday
29th
July



- Beef
- Red Bream Fish
- Southern Fried Chicken

Meals are served with:

- Rice & Peas and Vegetables
- White Rice and Vegetables
- Traditional Caribbean Food (Yam and Banana)



EAT-IN MEALS

£12.00



TAKE-AWAY MEALS

£10.00



Walsall Community Association

36 Wolverhampton Road, Walsall, WS2 8PR

Tel: 01922 615179

Mobile: 07915878533

Email: walsallcommunityassociation@outlook.com

Facebook: [WalsallACCA](https://www.facebook.com/WalsallACCA)

accawalsall.com



DEMENTIA CARERS TOGETHER

Carers Supporting each other, Sharing experiences

Join us on the **first Tuesday of every month:**

- Meet other carers
- Share experiences and advice
- Get useful information and resources
- Enjoy activities and chat

Dementia Carers Course

Gain the skills and knowledge to care for your loved ones with confidence. Contact us for more information.

Location: **Community Engagement Centre, Ford Street, Walsall, WS2 9BW**

Time: **10am – 12pm**

GET IN TOUCH TODAY!

Community Engagement Centre

01922 638825

[Greensquareaccord.co.uk/hais](https://greensquareaccord.co.uk/hais)



Follow us on Facebook: @HealthAndIndependence

Follow us on Twitter: @Healthindepend



Black Country and
West Birmingham
Clinical Commissioning Group

Citizen Advice Bureau Walsall and Sandwell

Here is a summary of the Projects and services that we offer in Walsall, these can change regularly so please do keep an eye on our website and facebook accounts:

<https://citizensadvicesandwell-walsall.org>

<https://www.facebook.com/citizensadvicesandwellwalsall>

also see the barcodes at the bottom of the page.

Generalist Advice (unfortunately we do not have an open door service in Walsall, our Walsall Office based at Walsall Hub does not provide this service, **please do not** send residents to this address as we do not give Generalist Advice from here.)

Our CASSIE Mobile Unit is out and about in the Walsall area for **Generalist Advice only** – please see the website for the timetable and locations, It is out 3 times a week at present but please check the timetable for up to date information:

<https://citizensadvicesandwell-walsall.org/get-help/mobile-advice-unit/>

Specialist Debt Advisers:

Our team of Specialist Debt Advisers can help residents resolve debt problems whatever the cause or amount they owe.

We can arrange an appointment by filling in the referral form on the Website:

<https://citizensadvicesandwell-walsall.org/get-help/debt/>

Or fill in the referral form attached and email it to:

contactus@citizensadvicesandwell-walsall.org

Or call the Debt Helpline on: 0800 240 4420

Energy Support:

You can drop into our mobile advice unit CA-HEAT for Energy Advice.

Locations and timings can be found on our website: please note – due to weather or change in circumstances, the venues may be cancelled or changed.

<https://citizensadvicesandwell-walsall.org/get-help/mobile-advice-unit/>

We can also arrange an appointment in our offices by filling in the referral form on the Website:

<https://citizensadvicesandwell-walsall.org/get-help/debt/>

Or email us at:

contactus@citizensadvicesandwell-walsall.org

See attached Leaflet.

Specialist Welfare Benefit Advisers

Our team of Specialist Benefit Advisers can help residents with anything to do with Benefits. We can arrange an appointment by filling in the referral form on the Website:

<https://citizensadvicesandwell-walsall.org>

Or email us at:

contactus@citizensadvicesandwell-walsall.org

citizens
advice

Sandwell
& Walsall



Are you struggling with your energy costs?

Our CA-Heat mobile advice service offers helpful home energy advice for the communities of Sandwell & Walsall.

**Come and meet our Friendly Team,
we're here to help!**



Please check our website for other venues we will be attending:
www.citizensadvice-sandwell-walsall.org

Funded through the Energy Industry Voluntary Redress Scheme



**citizens
advice**

**Sandwell
& Walsall**

Sandwell and Walsall Citizens Advice are here to help you with a wide range of problems you have or issues you might face. We provide free, non-judgemental and impartial advice.

Our Mobile Advice Unit **CA-HEAT** - Citizen's Advice Home Energy Affordability Team is operating in your community. We offer a free, confidential drop in service at a different location in Sandwell & Walsall each day.

Specialist services can support with:

Energy Efficiency Advice

Help Understanding Your Bills

Benefit Checks

Switching Energy Suppliers

Income Maximisation

Please call or visit our website for further details:

www.citizensadviceSandwell-walsall.org

Email: **contactus@citizensadviceSandwell-walsall.org**

Funded through the Energy Industry Voluntary Redress Scheme

Walsall Family Hubs

Here is a link to the recent Walsall Family Hubs most recent newsletter from July to September. Click here to access their newsletter: <https://tinyurl.com/549x5r5t>

Walsall Family Hubs | Supporting families to live happier lives

July - September 2026

Walsall 0-5 Timetable of Activities & Events



Family Hubs are here to walk alongside you on your parenting journey, offering a one-stop shop for any support you may need.

We've got a fantastic line-up of free activities taking place across Walsall. You can also access simple, practical resources to help support your child's development at home. Let's make this season one of connection, creativity, and community. We can't wait to welcome you!

Website: [Walsall Family Hubs](#)

Email: familyhubs@walsall.gov.uk

 [Walsall Families in the Know](#)



Walsall Council



Walsall Family Hubs

SUTTON PARK CHALLENGE

1km, 5km, and 10km Challenges

SUNDAY 5TH OCTOBER 2025, 10AM
SUTTON PARK, SUTTON COLDFIELD, B74 2YT

SIGN UP VISIT:

[MIDLANDMENCAP.ORG.UK/GET-INVOLVED/
SUTTON-PARK-CHALLENGE/](https://MIDLANDMENCAP.ORG.UK/GET-INVOLVED/SUTTON-PARK-CHALLENGE/)

OR SCAN HERE:



JOIN MIDLAND MENCAP'S SUTTON PARK CHALLENGE



Choose your distance, complete it your way and help support people with learning disabilities and their families in the West Midlands.



When: Sunday 5th October 2025, Races start at 10am
Challenges: 1km, 5km, and 10km
Price: 5km: £12 - 10km: £15 - 1km: £5



SIGN UP ON OUR WEBSITE:

midlandmencap.org.uk/get-involved/sutton-park-challenge

FAQ'S:

- Registration opens from 9am
- 1km fun run will start after the 10k race has finished.
- Run, jog, walk or wheel.
- Wheelchairs, pushchairs and dogs welcome.
- You must be aged 14 or older to take part in the 10k.
- Children under 11 must be accompanied by a responsible adult.

YOUR ENTRY INCLUDES:

- Manual timed event
- Full route signage and marshalling
- Water stations
- Medical support
- Free parking
- A photographer to capture all the fun
- A medal to add to your collection
- Regular updates about the event

For more information, please contact:

Email: PR@midlandmencap.org.uk

Phone: 0121 442 2944



Your local Foodbanks

Pelsall Methodist Church – Chapel Street. Open Tuesdays, 11am – 1pm, and Fridays 1pm – 3pm.

Telephone: 07582 869895.

Website: walsallnorth.foodbank.org.uk

Bloxwich and Blakenall Food Bank Blakenall Village Centre, Thames Road, Blakenall, Walsall, WS3 1LZ. Open Thursdays 11am – 1pm. Telephone: 07747 301374.

Website: bloxwichblakenall.foodbank.org.uk

Humanity First

Saddlers Centre Walsall Town Centre

Walsall Community Food Pantry

Inside the Potter's House Church, 29 – 31 Freer St, Walsall WS1 1QF

Black Country Foodbank

Central Hall, Ablewell Street, Walsall, WS1 2EQ

Telephone: 01922 639700

Breaking Bread Food Bank

93/94 Walsall Street, Wednesbury, WS10 9BY

Wednesday 10am – 3pm Friday 1pm – 7pm

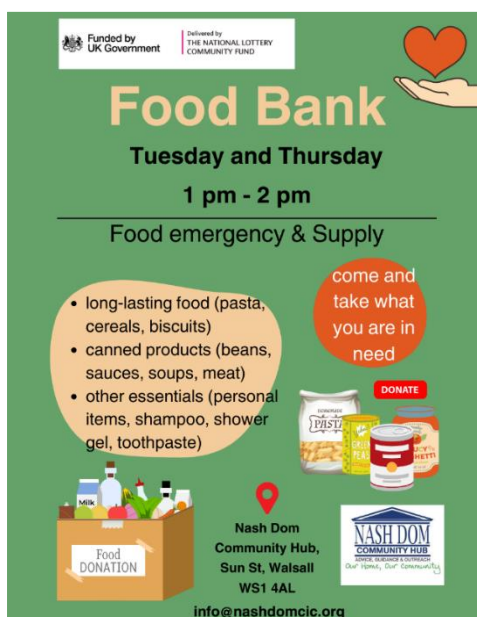
Telephone: 07794275119

Ashmore Park Pantry

St Alban's Church, Griffiths Drive, Ashmore Park, WV11 2LJ

Tuesday 12pm – 2pm Friday 4pm – 6pm

01902 732317



Funded by UK Government | Delivered by THE NATIONAL LOTTERY COMMUNITY FUND

Food Bank

Tuesday and Thursday
1 pm - 2 pm

Food emergency & Supply

- long-lasting food (pasta, cereals, biscuits)
- canned products (beans, sauces, soups, meat)
- other essentials (personal items, shampoo, shower gel, toothpaste)

come and take what you are in need

Food DONATION

Nash Dom Community Hub,
Sun St, Walsall
WS1 4AL
info@nashdomcic.org

NASH DOM COMMUNITY HUB
BROOK, NASHVILLE & WEDNESBURY
Our Home, Our Community

Visit our website to
'Find services near you'
web page for a range of
support organisations to
meet various needs.

Link:

<https://www.healthwatchwalsall.co.uk/find-services>

IT'S FREE



Contact Us

Telephone: 0800 470 1660

Email: info@healthwatchwalsall.co.uk

Our Soicals

Facebook: HealthwatchWSL

X: HWWalsall

Instagram: healthwatchwsl

YouTube: Healthwatch Walsall 2020

healthwatch
Walsall



Engaging
Communities
Solutions